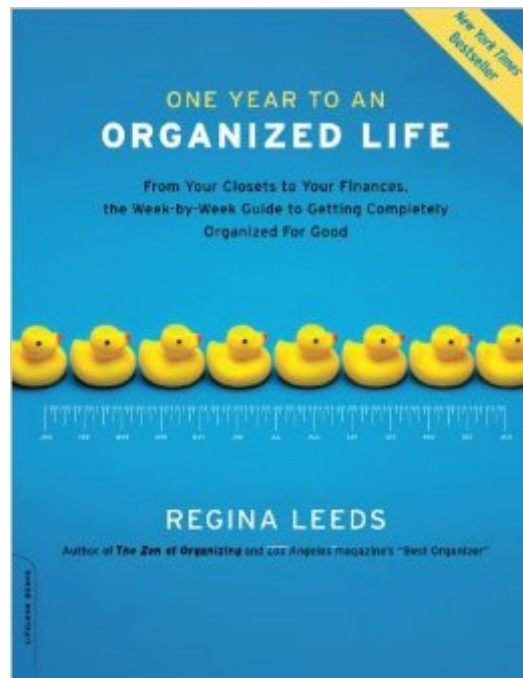


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# One Year To An Organized Life: From Your Closets To Your Finances, The Week-by-Week Guide To Getting Completely Organized For Good



## Synopsis

Who would you be if you felt at peace and had more time and money? An organized life enables you to have more freedom, less aggravation, better health, and to get more done. For nearly twenty years, Regina Leeds-named Best Organizer by Los Angeles magazine-has helped even the messiest turn their lives around. Anyone can get organized-sheâ™I'll prove it to you! One Year to an Organized Life is a unique week-by-week approach that you can begin at any time of year. Regina helps you break down tasks and build routines over time so that life becomes simple, not overwhelming. Master time management Make your kitchen efficient Permanently organize closets and drawers Deal with your finances Reclaim &#147;dumping groundsâ•like the guest room, garage and basement Declutter the kidsâ™ rooms Organize your travel plans-and the vacation photos and souvenirs Entertain with joy Regina reveals her magic formula for organizing anything, plus her method to stop the chronic cycles of clutter, misplaced items, and lateness. Whether youâ™re living in chaos or just looking for new ways to simplify, this essential book will help you get the whole household organized-and stay that way.

## Book Information

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## Customer Reviews

I happened upon this book in a store just before the new year. I browsed it and was already inspired. Well, after starting it for the new year I thought of so many friends I would want to share it with. I actually did pick two of my friends to purchase the book for, via , as a New Year's celebration

gift (just to have a reason). Well, like I told those two friends; it's easy reading, great tips and advice and no rush to run through it. It's set up weekly and for a whole year so the pressure is limited. This book is laid out January through December and it is best to start in the actual month that you are in for tracking purposes, and because it addresses holidays and seasons. Yet, the great thing is that you don't have to start like I did in January, you can even skip around if you have too. Start in March and work your year around that way if you want! If you are like me and feel overwhelmed with chores and hopes to organize you will love this set up. It asks good questions to help get to the core of your problems which is organizational therapy :) and teaches essentials to being organized. Some may already know these things, but I for one already in the first month have made a big change thanks to my new information. My kitchen looks great and works more efficiently! One of my friends just sent me an email thanking me again for the book and saying that she has felt some confirmation with it, things she has tried or thought to try. She is inspired too! To share that feels great!

I own over 30 Get Organized books and by far this is the 1 that has made it finally happen for me. The author is witty and straight forward. Organization Tasks are broken down into categories (i.e. kitchen, bedroom, etc.) and are assigned to you to do during a specific month of the year. However, where this book made a difference for me is each month is broken down into weeks, and each week we are given assignments to be completed that are not overwhelming ... just baby steps that are part of the huge overwhelming mess we have created by being unorganized. I highly recommend this book as it holds your hand and never allows you to have to decide "what am I going to do next". It takes the guess work out of organizing, and where my hiccups come in, is trying to decide where to start - well this book removes that by breaking everything down for you. Very simple organizing education, it is like having your own personal organizer with you every step of the way, every day.

I loved reading though this book and imagining what my life could be like if I implemented the wonderful room-by-room systems outlined here. The book made me feel as though I could really finally clean out my attic, find time to vacuum under the beds, balance my checkbook, plan ahead for meals, and recoup a large tax deduction from Goodwill after I collected and donated all my family's unused clothes, toys and knick-knacks. And I'm going to do every single one of those things -- after I start my novel and truly dedicate to flossing everyday. Unfortunately the book does not come with Dobby the House-Elf to actually perform all of these tasks, or at the very least kick me in the behind until I start doing them. But my personal shortcomings aside, this is a wonderful reference

for those enterprising slobs who can actually do more than daydream about being able to start each day without digging through the laundry mountain for clean underwear and coming across that earring they lost five months ago. I recommend purchasing this volume and keeping it on your bedside table -- for the shaming factor, if for nothing else.

I read this in during a time of my life that felt most disorganized, chaotic, and out of control. My mom gave me this book, and I thought it would just be about physically organizing my home, but instead, it's actually about organizing yourself mentally and emotionally then physically. The author takes you on a step by step process of imagining and reflecting on why you are the way you are--why you are always late or why you impulse buy or why you can't seem to find your keys. Through reflection, you are able to organize yourself internally and then begin the challenging but completely doable process of clearing and organizing your living space. It also has a helpful section about moving, which happens to be a timely project for me (my husband and I are moving cross-country in a few months). I plan on giving this to all my friends!

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